



August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Faculty Kick Off Meeting 						

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Course 1 (8 weeks) EF201 – Understanding EF						

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				PLC Discussion 		

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Group Reflection 						
*Thanksgiving Week						

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Winter Break						


January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Course 2 (8 weeks) EF202 – Strategies for EF Growth						

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat



March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Group Reflection 					
	Course 3 (8 weeks) EF203 – Understanding EF Data					

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Group Reflection 					
	Faculty Share Out 					

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat

July

Sun	Mon	Tue	Wed	Thu	Fri	Sat

*Depending on district calendar, timing may be adjusted for scheduled breaks.

Approximately 18 PD clock hours may be awarded for online and in person learning. ***

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Faculty Kick Off Meeting					

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Course 1 (5 weeks) EF201 – Understanding EF					
				PLC Discussion		

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Group Reflection		

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Course 2 (5 weeks) EF202 – Strategies for EF Growth					

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Group Reflection					
	*Winter Break					

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Course 3 (5 weeks) EF203 – Understanding EF Data					

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Group Reflection					

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Course 4 (5 weeks) District Choice					

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Group Reflection					

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Faculty Share Out					

June**

Sun	Mon	Tue	Wed	Thu	Fri	Sat

July**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Course 5 (5 weeks) District Choice					
	Group Reflection					

*Depending on district calendar, timing may be adjusted for scheduled breaks. Only winter break is included here to make time for all five courses.

**June and July are interchangeable depending on educator availability and PD hour requirements.





Approximately 30 PD clock hours may be awarded for online and in person learning.***

Professional Development Implementation

Each course requires approximately 2-3 hours of asynchronous learning with a recommended 2-3 hours of synchronous meeting time to discuss and reflect on content, implementation, and instructional strategies. Facilitator and Learners Guides are available for 200 level courses. Reflection Sciences provides a printable 3-hour clock hour certificate** upon completion of the online course.

We recognize that some organizations may work to complete 3 – 5 courses during the year depending on professional development goals. We have included two academic year calendars, a 3-course and a 5-course schedule. We recommend the 3-course schedule for groups that are less experienced and less knowledgeable about Executive Function (EF) in the classroom. This will give more time for discussion and understanding EF development and interventions. For schools and districts that are familiar with EF and are looking to enhance current instructional strategies and knowledge, we recommend our starting with our core courses and including two (2) specialty courses related to district goals.

Within each calendar, the following symbols are used to indicate each event.

-  - Organizational kick-off introducing Professional Development goals and outcomes at the start of the year and a final and learning share out with full faculty and staff.
Option to add on a PD Kick off with a Reflection Sciences' Team Member
-  - Course begins. Depending on building schedule, teachers complete 1-2 Modules each week asynchronously using *Learning Guide* for notes and discussion questions.
-  - Small group discussions (e.g., PLC, grade level team, department) to review course content, Reflect and Apply topics, and plan for upcoming week's EF goal using *Facilitator Guide*.
-  - Course completed by participants. Group members share:
 - What stood out most as EF learning was implemented in their classroom
 - Specific class materials designed to help address EF in their classroom
 - Before and after culture of their classroom (focus, listening, motivation, engagement, behavior)

***Continuing education regulations vary by state. It is your responsibility to understand and comply with requirements for your licensing state, which may include pre-approval of qualified professional development and training opportunities.