

EF Skills: A Foundation for Learning and Adaptation

Thursday, June 15, 2017 at Metro ECSU

12:00 — 3:00 (11:30 am check in) Snacks will be provided.

12:00 — 2:00: Executive Function Foundation

2:00 — 3:00: Demonstration of Executive Function Assessment Tool —
Minnesota Executive Function Scale™ (MEFS)

Intended Audience: district and school administrators, early learning coordinators, curriculum directors, social workers, and other leaders.

Attend this workshop to learn about Executive Function skills for children, what they are, why they're important, how they develop, and how to use a measurement tool to identify and support strengths and areas for improvement.

Executive Function refers to social emotional learning (SEL) and the neurocognitive skills most vital to academic and life success. These skills, which can be taught and learned, are centered on attention, impulse control, working memory, and cognitive flexibility. These skills make it possible for children to learn effectively and efficiently in a classroom context, and they protect children against academic failure associated with socioeconomic status.

Key Ideas:

- What is Executive Function?
- Why should we measure it?
- What is the MEFS?
- How is the assessment tool different?
- How are districts using it?

“The MEFS, a 5-7 minute assessment, was everything we were looking for — a reliable, predictive and normed assessment that children actually enjoy taking.”

— Elizabeth R. Santini of Sacred Heart School, NY

Presenter:

Stephanie M. Carlson, PhD is Co-founder and CEO of Reflection Sciences and a developmental psychologist and Distinguished McKnight University professor at the Institute of Child Development, U of MN. She is an internationally recognized leader in Executive Function measurement in preschool children. The National Institutes of Health, Institute of Education Sciences, John Templeton Foundation, and the Character Lab have supported her work. Dr. Carlson is a Fellow of the American Psychological Association and the Association for Psychological Science, and serves on multiple editorial and advisory boards in the child development field.

Registration Fee & Contact Information:

\$30 for *Metro ECSU Members*; \$60 for *Non-member*

Register online: <http://metroecsus.myquickreg.com/register/event>

Registration Deadline: June 15, 2017

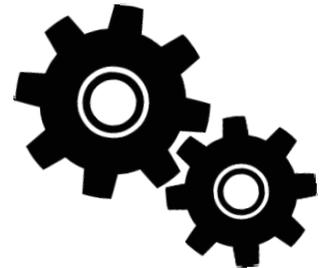
Cancellation Deadline: June 13, 2017

Program Contact: Susan Frame

(612) 638.1543 or susan.frame@metroecsus.org

Location: Metro ECSU (Anderson Center, Bethel University)

2 Pine Tree Drive, Arden Hills, MN 55112



In compliance with the Americans with Disabilities Act, when special accommodations are needed, contact Susan Frame (612-638-1543 or susan.frame@metroecsus.org) at least two (2) weeks before the event date. Special accommodation cancellation notices are accepted no later than two (2) business days before the event date. Cancellations after the deadline will be billed for special accommodations fees.